

26 April 2013

UCT's annual Memorial Run aims to keep disadvantaged warm

Capetonians encouraged to donate shoes and warm clothes

The Shoe Drop, an initiative to help Cape Town's disadvantaged communities to keep warm this winter, will form part of a 10km annual memorial race, hosted jointly by the Sports Science Institute of South Africa (SSISA) and the University of Cape Town on Sunday, 5 May, at 7am at UCT's middle campus.

As winter gets into full swing, the UCT Athletics Club is teaming up with sponsors, SSISA and The Sweat Shop to run the Shoe Drop. Capetonians are urged to donate their unused shoes and warm clothing during the shoe drive week, which takes place from 29 April to 3 May.

The drop-off points for donations are SSISA (Boundary Road, Newlands), The Sweat Shop (Claremont) and the UCT Sports admin offices (Upper Campus at the UCT Sports Centre) which are open during office hours. Items can also be delivered to the UCT Athletics Clubhouse (Middle Campus [near the Cricket Oval](#), off Woolsack Drive)

-from 5:30 to 6:30pm, or at the Memorial Run's registration point and finish line on race day. The Students Health and Welfare Centres Organisation (SHAWCO) at UCT will distribute the items to the communities.

The Memorial Run was started in 1983 in memory of UCT star athlete Merrilyn Smith, who died at age 22. The race also honours the late Isavel Roche-Kelly and Lindsay Weight, two former UCT athletes who had each won the Comrades Marathon twice; and UCT professors Kevin Rochford and Andrzej Okreglicki, both avid runners, who died in 2008 and 2012, respectively.

The race, starting at UCT's Kramer Law Building and finishing on the Groote Schuur/Woolsack Oval, promises some excellent inter-varsity, inter-residence and inter-faculty competition.

For details about the Shoe Drop contact: Matthew Henshall, Chairperson of the UCT Athletics Club, on 083 778 0294.

For more information about the race visit: <http://sportsclubs.uct.ac.za/athletics/> or email: uctathleticsclub@gmail.co.za

ENDS

Issued by: UCT Communication and Marketing Department

Kemantha Govender

Media Liaison Officer
Communication and Marketing Department

University of Cape Town
Welgelegen, Upper Chapel Road Extension
Rondebosch
Tel: (021) 650 5672 Fax (021) 650 5628
Cell: 084 737 6522
E-mail: kemantha.govender@uct.ac.za
Website: www.uct.ac.za